




The Market

AT THE MEETINGHOUSE



Coming April 2025!

 (203) 826-9572

 themarket@meetinghouse.life

 602 Ridgebury Rd | Ridgefield, CT 06877

 **Cafe Hours:**
Tuesday-Friday 8 am – 6 pm
Saturday and Sunday – 8 am to 4 pm.

Extended Market Shopping Hours:
until 6:00 pm, Tuesday- Friday.


Closed Mondays



The Meetinghouse

Gather | Grow | Flourish

CONTACT US

 (203) 748-2806

 connect@meetinghouse.life

 meetinghouse.life

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Your Journey Awaits

Find your place at The Meetinghouse



The Meetinghouse

Gather | Grow | Flourish



Scan here to see what's going on at The Meetinghouse and register for events.

meetinghouse.life/events



Looking for a space to connect, recharge, and grow?

Whether you seek inspiration, community, or a moment of peace, **you'll find it here.**

A Place for You to Belong

WHAT WE OFFER:

Discover new passions, deepen your well-being, and connect with others.

- **Arts & Culture** – Exhibitions, concerts, performances, and creative workshops.
- **Wellness** – Yoga, meditation, and holistic well-being practices.
- **Nature & Grounds** – Scenic trails, wetlands, and peaceful gardens.
- **Wisdom & Leadership** – Leadership circles, deep conversations, and courses for personal and social transformation.



FIND YOUR PEOPLE. FEEL AT HOME.

More than just a space, The Meetinghouse is a living, breathing community.

- **The Market** – A welcoming space to shop, eat, and gather.
- **Youth Leadership Initiative** – A program dedicated to empowering the next generation of changemakers.
- **Special Events & Retreats** – Unique experiences that nourish the soul and ignite new ideas.

STEP INTO SOMETHING MEANINGFUL.

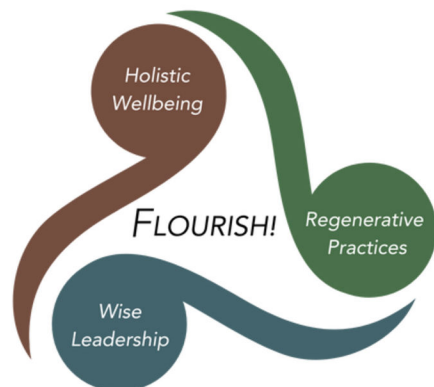
Whatever is calling you—a new experience, a fresh perspective, or a deeper sense of connection—you'll find it here.

- **Visit** – Explore events and programs at meetinghouse.life/events
- **Volunteer** – Share your talents and be part of something bigger.
- **Support** – Help us continue creating spaces where all can flourish.

OUR THREE PILLARS

We believe our flourishing is interconnected – that people and planet thrive together, or not at all. Through these three pillars, we seek to provide a place to gather, grow and flourish.

- **Holistic Wellbeing** – Nurturing the whole person: body, mind, and soul.
- **Regenerative Practices** – Restoring ecosystems, strengthening communities, and building a sustainable future.
- **Wise Leadership** – Rooted in deep research, fostering ethical, intelligent, and compassionate leadership.



A Legacy of Gathering & Growth

For over 250 years, Ridgebury Congregational Church has been a steward of this historic campus, fostering a spirit of community, reflection, and renewal. The Meetinghouse grew out of this tradition as a separate, inclusive space dedicated to creativity, connection, and well-being.

While The Meetinghouse and Ridgebury Congregational Church share a campus and a commitment to community, they are distinct entities. Whether you come for yoga, a concert, a conversation, or worship, you are welcome to engage in the way that feels right for you—**no expectations, no agenda, just a place where you belong.**