

Creative & Reflective Offerings

For the thinker, writer, or lifelong learner, these experiences nurture creativity and clarity. Whether it's time to finally finish that project or space to reimagine what's next, these offerings inspire both focus and flow.



Writing Workshop – with Dr. Fanta Waterman

Find your focus and finish your project in this serene writing retreat. Includes guided exercises, protected writing time, and a 20-minute 1:1 coaching session with Fanta.



Forest Bathing – with Heather Cochrane

Discover how a gentle walk in the woods can refresh both mind and body. Let nature help you unwind with a restorative forest bathing session.



Pollinator Pathway Consultations – with Heather Cochrane

Learn how to extend the pollinator pathway in your own yard, including plant recommendations and ecological tips for a thriving native garden.

Sometimes the best gift isn't a thing — it's a transformation.

These coaching experiences guide individuals and leaders alike toward greater purpose, clarity, and connection, inside and out.



Community Leadership & Wellness Workshop — with Dr. Fanta Waterman

A reflective, trauma-aware workshop blending gentle movement, grounding practices, and group discussion to support resilience, clarity, and confidence. Customizable as a single session or three-part series, hosted at your organization or The Meetinghouse.



Formational Coaching – with Dr. Deborah Rundlett

A six-session journey exploring how spiritual formation fuels authentic leadership. Connect with your core identity, deepen your character, and live from your call to engagement. A meaningful gift for those seeking purpose.

Scan here to purchase on our website



The Meetinghouse

Gather | Grow | Flourish

2025 Holiday Gift Guide

Share experiences as unique as your loved ones.

We believe the holidays can be gentler, slower, and more meaningful. Instead of gifts that are quickly forgotten, we want to offer experiences that nourish body and spirit, uplift local artisans, and create a place for the community to gather. We invite you to explore what we've gathered for you this season.

Wellness Offerings



5-Class Holiday Gift Card: Share the gift of movement and mindfulness. Allows the recipient to take 5 classes within a 3-month period. 10% off the single-class drop-in rate. *If ordered before December 20, we will email you a printable certificate for gifting.*



Baby + Me Trial Class: Gentle bonding for new parents. This session-based class for moms and pre-crawling babies will build community and focus on adults, stretching and strengthening where you need it most when recovering from childbirth or caring for a little one.



Restorative + Reiki Workshop Pass: Class includes a restorative practice and a sequence of floor poses done with supportive prop placement. Long, easeful holds allow for full release of tension, and give your muscles and mind the rest and recuperation they need. Pass is valid for one month.



New Year Renewal Package – with Kate Loewengart: Join us for an intention setting practice, where we will journal, create vision boards for the new year, and release ourselves of expectation and judgement. Includes restorative yoga and meditation to shed what you have brought with you into the New Year - and begin the process of leading yourself into 2026.



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Artisan Gifts, Made with Heart

Shop in person at The Market at The Meetinghouse

Explore The Market to find the gift that says, "I saw this and thought of you." Every maker brings something uniquely crafted, thoughtfully sourced, and full of heart. The perfect way to shop small and support artisans from now through Christmas!

Because items are handmade in small batches, availability varies and quantities are limited. New pieces arrive often! We encourage you to stop by regularly to see what's fresh and find your favorites before they're gone.



Bandit Kat Designs – Handmade Jewelry: Original jewelry crafted with creativity and individuality.



Dog Paw Design – Hand-Carved Wooden Trivets: Artful butterfly carved trivets that blend beauty and function.



Heather's Handmade Scarves: Cozy, beautifully made scarves perfect for gifting.



Growing Joy – Indoor Plants: Bright, thriving indoor plants that add life, calm, and green beauty to any space.



Holli Levy – Encaustic Artworks: Framed originals made with eco-dyed paper, real leaves, perfect for art and nature lovers.



Holly Curtis – Handmade Ceramics: Freshly restocked mugs, cups, and tableware, functionally beautiful.



Reynard & Co. – Children's Winter Hats: New handmade toddler and kids' hats featuring reindeer, Christmas trees, and seasonal whimsy.



With Sprinkles – Hand-Crocheted Critters: Adorable, festive crocheted animals are the perfect stocking stuffers!



The Winding Road – Felt Ornaments: Soft textures, bright colors, and globally crafted charm.

Chocolate, Caramels & Confections: Velvety chocolates, buttery caramels and whimsical seasonal sweets.

The Market Hours: Tuesday - Sunday, 8:00 am - 4:00 pm. Closed Mondays.